

WHY I WALK...

from UPstanders against bullying who walked last year



"We are out here today walking because a lot of kids kill themselves because of bullying — and we know this needs to stop."
— Sharma,
Black Girls Who Rock

"We make anti-bullying a common theme throughout the day, talking about it and making the kids aware that this is something that is important to ALL of us as teachers, administrators and the administration." — Amy Rubenda, Teacher at Bordentown MS

"The work that Kidsbridge does is so incredibly important to building self-esteem and making sure that people see hope in life...."
— Brenda Ross-Dulan,
Wells Fargo Regional President

"Even the small stuff can hurt someone for a long time. We try to instill that in all the kids; watch what you say to people because you never know what is going to hurt someone, you never know someone's past and sometimes the slightest thing you do or say could ruin someone's day...or life!"
— Michael, Anchor House

"After spending time in the Kidsbridge Tolerance Museum this spring, my students now possess the skills to cut bullying off before it can gain momentum. I love the concept of being an UPstander, and we'll use that term back in the classroom. Kidsbridge is a wonderful organization, and I had to come with my own kids to participate in the Walk." — 6th grade teacher, Trenton school

"I was lucky enough to visit the Museum as a chaperone with my daughter's class and found the experience to be wonderful. It was a truly remarkable experience. I wish everyone could attend! Please keep this program going! My daughter and I walk today to support Kidsbridge!"
— Sandy & Olivia, Mother/Daughter Team

Youth UPstanders Speak Out!

"I will be an UPstander by telling an adult or asking for help for the person who is being bullied."
— Ayva, 4th grader

"I will be an UPstander by telling the person getting bullied to walk away. I will get an adult and tell the bully to 'stop it' while looking them straight in the eye."
— Ana, 4th grade

"I will be an UPstander by helping someone that is getting bullied or by giving someone a seat at the lunch table if no one else will."
— James, 5th grade

"When I see a kid being teased, picked on, called a mean name or made fun of I will defend them. I don't like mean people. I will be an UPstander." — Emily, 4th grade

"I will sit with a kid who is sitting alone, or invite them to join our group." — Viva, 4th grade

"I will stand up for others and get friends — and other kids — out of bad situations. Walking away from the bully is a good plan."
— Oaguan, 4th grade