



Lunch 'n Learn

BULLYING PREVENTION

Respect for All Persons

*Kidsbridge presents a **LUNCH 'N LEARN** opportunity for your employees!*

Bullying can happen anywhere and to anyone...in schools, on-line, in the workplace. Learn about effective strategies to put a stop to this destructive behavior, along with helpful tips for you and your children.

Presented by Lynne Azarchi, Executive Director and creator of the **Kidsbridge Tolerance Center** — the only youth-oriented tolerance center in the U.S..

In an hour at your company, attendees will learn how to:

- Deal with office bullies
- Assist persons who are being victimized in the office
- Help your child whether s/he is a bully or being bullied
- Apply and practice the concept of UPstander (as opposed to bystander) behavior for school (your kids) or office challenges
- Learn why a foundation in empathy and empowerment is so important



Program graduates receive helpful handouts and UPstander bookmarks!

“Lynne’s presentation was informative. Not only did our employees learn how to help their children with bullying prevention as parents, but they also learned how to make our diverse workplace more respectful and inclusive.”

—Susan Tello and Ray DiFrancesco, Merrill Lynch/Bank of America

To inquire about program or program fee, contact Lynne Azarchi at lynne@kidsbridgecenter.org.

www.kidsbridgecenter.org

UPSTANDER PLEDGE

Because I know everyone deserves respect and;
 Because I know there are many different types of people and;
 Because I would want someone to do so for me, and;
 Because I know others will follow my lead, and;
 Because I know that what I do can make a difference...

...I WILL TRY TO...

Not call others names or purposefully make others feel sad.
 Not say “That’s retarded” or “That’s so gay.”
 Tell an adult or teacher if I observe bullying.
 Walk a victim away when they are being bullied.
 Advocate for myself when I am being bullied.
 Support and encourage my friends and others.
 Be respectful of others, including persons with disabilities.
 Be an UPSTANDER, which means having the courage to “stand up and speak out.”

BECAUSE I KNOW THAT...

One person **can** make a difference, and that person is **ME!**

Signature