



Create Your Own Labyrinth

1. If you would like to create your own labyrinth, practice drawing one on paper first.

Here are directions for drawing a 3-circuit or 5-circuit classic or Celtic labyrinth:

https://art.tfl.gov.uk/labyrinth/wp-content/uploads/2013/05/Worksheet_How-to-draw-a-labyrinth.pdf



5. Connect the bottom left dot with the lower arm of the cross

Trace the path you created with your finger – you just “walked” a finger labyrinth.

2. Here are some downloadable finger labyrinths from The Labyrinth Society if you would like to print them or sketch them:

<https://zdi1.zd-cms.com/cms/res/files/382/ClassicalLabyrinth.pdf>

<https://zdi1.zd-cms.com/cms/res/files/382/ChartresLabyrinth.pdf>



Create Your Own Labyrinth

3. Grab some chalk and see if you can make a labyrinth outside on the sidewalk or driveway.



SOURCE: [HTTPS://WHATWILLWEDOTODAY.COM/2011/06/09/IM-NOT-AMAZED/](https://whatwillwedotoday.com/2011/06/09/im-not-amazed/)

4. If you want to stay inside and experience a labyrinth you can use painter's tape or two very long pieces of string or yarn on the floor – even strands of twinkle lights. You can line up shoes or any household items that you have a lot of.

