



Kidsbridge SEL Amusement Park



Welcome to Kidsbridge SEL Amusement Park! Today we are going to enjoy a virtual rollercoaster. Since this is an SEL amusement park **we have a fast pass to practice self-awareness and empathy.** 📱



First, we need to decide what roller coaster we are going to ride. Here are some choices:

- GhostRider Wooden Roller Coaster: https://www.youtube.com/watch?v=aU3ZF0_Shv4
- Desert Racer: <https://www.youtube.com/watch?v=9owx0cTcol4>
- Toy Story: <https://www.youtube.com/watch?v=WugIMblykPk>
- *For grades four and up* — Expedition Everest: <https://www.youtube.com/watch?v=KTji1hOICEI>

Time to hop on! You can choose to sit or stand on this ride. Once the rollercoaster starts, move your body with the movement of the rollercoaster. If you are having a really great time, put your hands up and smile for the picture!

Once the ride is over, unbuckle your seatbelt. Here at Kidsbridge SEL Amusement Park, we have some exit questions to reflect on and discuss.

- 📱 How did you feel at the beginning of the ride when it was moving slowly?
- 📱 What part of the ride made you most excited?
- 📱 How did you feel at the end of the ride?
- 📱 How would you feel if you went on the same ride again?
- 📱 Are there rides that you don't like? Why or why not?
- 📱 Does everyone like this kind of ride? Why or why not?
- 📱 What might keep people from enjoying these rides? (For example: speed, heights, the dark)
- 📱 When would you encourage someone to ride something and when is it better not to?
- 📱 What are some ideas you can offer someone who is too nervous to or does not want to ride this rollercoaster but still wants to enjoy the amusement park?

Think of some friends who you think would enjoy Kidsbridge SEL Amusement Park. Share with them what rollercoaster you did and encourage them to ride!